

## Lincoln Park Community Center

357 Frederick Avenue Rockville Md 20850

**240-314-8780**

**Monday-Saturday 9 a.m.-9:30 p.m.**

### Classic Summer Fun from LPCC

#### Features include:

**Monday** - Lunchtime Kickball for Adults, 12 noon at Isreal Park

**Tuesday** - Teen Dodgeball (High Schoolers), 5 p.m. in the Gym

**Wednesday** - Lunchtime Whiffle Ball for Adults, 12 noon in the Gym

**Thursday** - Capture the Flag for the Family, 6 p.m. at Isreal Park

**Friday** - Lunchtime Dodge Ball for Adults, 12 noon in the Gym

#### Summer Family Movie Nights

Beat the heat with a cool summer movie with the entire family, first Friday of the month in the Gym. Popcorn, Snacks and Sodas will be for sale as well. Call 240-314-8780 for a list of the movies and their dates.

***All you need to participate in any of these activities is a  
Lincoln Park Community Center Membership Card***

#### Isreal Tennis Academy

Learn the basics of Tennis on Wednesdays from 11 a.m. to 12 noon. Residents - \$20 Non Residents -\$30

#### Weight Training for High School Athletes

9-10 a.m. and 7-8 p.m. on Mondays, Wednesdays and Fridays. All you need is a Lincoln Park Community Center Fitness Pass

### Save the Date

#### LPCC Back to School Jam - Friday, August 18

6-9 p.m. Back to School Fashion Show, Music, After School Information, Area School Representatives, Free Backpacks and School Supplies for Rockville Residents, fun and games and much, much more!!

#### New Membership rates as of July 1, 2006

Lincoln Park Center Membership: \$15 (R)/\$25 (NR)

Lincoln Park Fitness Membership: \$65 (R)/\$85 (NR)